

Shropshire Shufflers Present:

6th Annual



Haughmond Handicap Chase

a multi-terrain race with a TWIST

Date: Sunday 6th May 2012

Venue: Sundorne Sports Village, Shrewsbury SY1 4RQ

Start time: 11am

Distance: Approx. 9 miles

Course

Out and return run on old canal cycle track followed by a tour of Haughmond Hill providing **spectacular views of Shrewsbury and surrounding hills of Shropshire and beyond.**

Terrain

Stone tracks, surfaced tracks, road and woodland paths. (Not a fell race.)

Twist

Slower runners will be set off first at intervals based on anticipated time. (Details to be provided on entry form - see below.)

Your chance to be "in the lead".
Individual timing by electronic chip.

Prizes

- Prizes to be awarded for all the usual categories based on **actual time.**
- Novelty and spot prizes for finish position.
- Number of prizes to be based on entry numbers.

Entries

Pre-entry by Friday 4th May. Entry limit 300. Affiliated Club Members £8.00 Unaffiliated £10.00. Late entries up to Saturday 5th May by phone or email plus £2.00 subject to availability.

Online entry: (PREFERRED)

visit: www.fabian4.co.uk
(at no extra cost)

Postal Entries to:

P Hammond, White Gates, Lower Road, Harmer Hill, Shropshire, SY4 3ED

Queries: 01939 290202

at a reasonable time,
or e-mail philip915@btinternet.com

For more details visit: www.shropshire-shufflers.org

Haughmond Handicap Chase

Entry Form

Please enter me for the Haughmond Handicap Chase on 6th May 2012

I enclose a cheque for £ _____ payable to **Shropshire Shufflers** and a **SAE (9x4)**

I am over 18 years old, medically fit to run and agree that I take part entirely at my own risk and will not hold the organisers responsible for any injury, no matter how caused.

Anticipated time for 10K..... or Half marathon.....or HHC

Name Club

Male/Female Age

AddressPostcode

Tel Email

Signed Date